

4TH STAFFORD SCOUT TROOP

RECOMMENDED KIT SPECIFICATIONS

4thstaffordscouts.org.uk

Our Scouts undertake all matter of adventurous activities, our recommended kit list will help them get the most from their adventures.

You do not need to go out and buy all these items on joining. Scouts will build up their kit over their first 12 months. We will advise which items are required for each meeting and before camping or overnight stays.

Essential Items

Scouts will need these for all off-site activities, e.g., meetings on Cannock Chase, hiking and camping.

Item	Specification
Walking boots	Needs to fit up around the ankle and be waterproof.
Waterproof coat	Must be Waterproof. 'Water resistant' products will not keep Scouts dry. Ideally, look for products rated 3000mm or higher in the description/ specification.
Waterproof trousers	Lightweight trousers that can be fitted over other trousers during an activity.
Rucksack	25 to 30 litres, with a waist strap to distribute weight across the hips rather than shoulders, this will reduce tiredness and fatigue.
Headtorch	A headtorch is more practical than other torches, so Scouts can use their hands!
Thick socks x3	Especially important for hiking. Scouts may need to replace these regularly during hikes if their feet get wet.
Water Bladder or Water bottle	At least 750 ml.
First aid kit	Containing; plasters and antiseptic wipes.

Essential Camping Items

Scouts will need these items for all activities including an overnight stay.

Item	Specification
Sleeping bag	At least three seasons.
Small individual groundsheet/tarpaulin	To put down in a tent to provide insulation and protect against condensation.
Roll mat	For sleeping on and insulating from the cold ground.
Micro towel	These take up less space in a rucksack than a normal towel.

Nice to have items...

Item	Specification
Knife	See our knife guidance and recommendations on our website.
Flint and steel	For fire lighting.
Water-resistant gloves	Woollen/fleece gloves are unsuitable for many activities, as they get wet very easily.
Gaiters	Worn during outdoor activities or hiking to prevent the bottom of trousers, hiking boots and socks from getting wet, e.g., in long grass etc.
Drybags	To put kit into before packing into rucksacks, this helps organise kit and keeps essential items dry in the rain.
Simple Watch	So Scouts can tell the time on camps etc. No smartwatches are allowed.